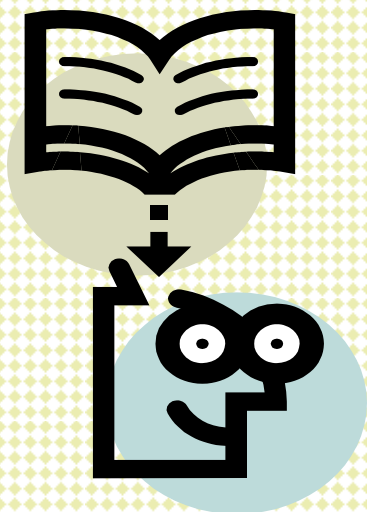


San Francisco Family & Children's Services

Training Catalog

January - March 2009

Event Calendar & Training Information



What's inside?

- **Consolidated event information**
- **Non-training events of interest**
- **Introduction of our new website!**





CITY & COUNTY OF SAN FRANCISCO



HUMAN SERVICES AGENCY

Vision

San Francisco is a diverse community whose children, youth, families, adult and seniors are safe, self-sufficient and thriving.

Mission

The Human Services Agency promotes well-being and self-sufficiency among individuals, families and communities in San Francisco.

Core Values

Respect

We treat all people with dignity, fairness and respect.

Diversity

We embrace and promote diversity and oppose discrimination and racism.

Integrity

We maintain ethical standards, professionalism, confidentiality and integrity.

Partnership

We work as partners with co-workers, community and public agencies, individuals and families.

Customer Service

We provide the highest quality services to meet each individual's unique needs.

Communication

We clearly communicate information and expectations to encourage honest and respectful dialogue.

Continuous Improvement

We do our best, evaluate our outcomes and recognize change and innovation as a means to achieve excellence.

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Training Offerings - January 2009

SDM Refresher for Staff: Interviewing for Safety

Margie Albers, LCSW

Wednesday, January 7th

9:00am - 12:00pm

1650 Mission Street, 2nd Floor, Classrooms 2 & 3

SDM Refresher for Staff: Safety Planning

Margie Albers, LCSW

Wednesday, January 7th

1:00 - 4:00pm

1650 Mission Street, 2nd Floor, Classrooms 2 & 3

What's Class Got To Do With It? Considerations for Child Welfare

Felice Yeskel

Thursday, January 15th

9:00am - 4:00pm

The Event Center at St. Mary's Cathedral, 1111 Gough Street

Autistic Spectrum Disorders: Screening, Diagnostic Assessment and Working with Families and Schools

Thursday, January 29th

9:00am - 12:00pm

The Event Center at St. Mary's Cathedral, 1111 Gough Street

Training Offerings - February 2009

Visit Coaching for Visitation Supervisors

This workshop, presented by **George Doub, M.Div, LMFT**, will give the visit supervisor strategies for working with difficult situations in coaching individuals and families and skills for coaching individuals to change behavior.

**** This session is mandatory for Techs****

Two sessions to choose from:

Tuesday, February 3rd OR Wednesday, February 4th

9:30am - 4:30pm

Born Auditorium, 170 Otis Street

Overview of Visit Coaching for Child Welfare Workers

This training by **George Doub, M.Div, LMFT**, will give an overview of visit supervision strategies.

Thursday, February 5th

Two sessions to choose from:

9:00am - 1:00pm OR 1:00 - 4:00pm

Born Auditorium, 170 Otis Street

To register & for more information:
Contact Darryn Green, Training Assistant
SFTPRegistrar@gmail.com or 557-6024

Training Offerings - February 2009

Autistic Spectrum Disorders: Screening, Diagnostic Assessment and Working with Families and Schools

This workshop by **Bryna Siegel, Ph.D**, will train mental health professionals to screen for early signs of autistic spectrum disorders with particular emphasis on differential diagnosis in situations also involving early neglect, abuse or trauma. Working with families as they face a diagnosis of autism and serving as an advocate for the child with regional center and schools will be topics of in-depth focus in this training.

Thursday, February 26th

9:00am - 12:00pm

The Event Center at St. Mary's Cathedral, 1111 Gough Street

Intersecting Immigration and Child Welfare

This panel presentation will help dispel the myths and stereotypes of undocumented people involved in the Child Welfare System, help you get an overview of immigration framework-immigration status and immigration options for non-citizen minors, and provide a review of FCS PRUCOL and SIJS Protocols Resources.

Wednesday, February 25th

Two sessions to choose from:

9:00am - 12:00pm OR 1:00 - 4:00pm

1650 Mission Street, 5th Floor, Golden Gate Conference Room

Training Offerings - March 2009

SAVE THE DATE!

FCS Appreciation Day

The Bay Area Academy is happy to announce its forthcoming second annual Appreciation Day!

Brunch will be served, as well as some great comedy, inspiration and fun. Comedian Michael Pritchard, will be your fun-filled keynote speaker.

Thursday, March 19th

9:00am - 12:00pm

Presidio Officers' Club



New Training Regs and the Learning Organization: When To, What To, How To

This training, instructed by **Mary Garrison, LCSW**, is for supervisors and managers in which the new California State Training Regulations will be reviewed. New tools will be distributed to assist supervisors in providing professional development and in meeting the new training regulations. Strategies for how to use supervisory conferences and unit meetings as training events will be revealed.

Tuesday, March 3rd

1:00 - 4:00pm

Babai Faith Center, 170 Valencia Street

Training Offerings - March 2009

A Systemic Approach to Assessment and Treatment of Families with Sexually Abused Children

This day-long course by **Eliana Gil, Ph.D**, will discuss the way in which all family members are affected when sexual abuse occurs and how each family member must participate in a reparative and preventive process. In particular, we will look at how individual issues, such as unresolved past traumas, affect the development of a climate in which sexual abuse can emerge.

Wednesday, March 4th

9:00am - 4:00pm

Born Auditorium, 170 Otis Street

Introduction to Circle of Security: An Attachment Model with Abusive Parents

This is an introductory workshop by **Eliana Gil, Ph.D**, designed to stimulate interest in the *Circle of Security* model, which is a theoretical construct based on thirty years of research on attachment that provides clinicians with a framework for understanding disruptions in parent-child attachment. This approach has great value for those of us working with parents with negative or problematic interactions with their children.

Thursday, March 5th

9:00am - 12:00pm

Born Auditorium, 170 Otis Street

Training Offerings - March 2009

The Use of Expressive Therapies for Self-Care

Self-care is absolutely necessary to work longevity and satisfaction. Working with abused and traumatized children and their families can create feelings of vicarious traumatization which must be addressed and prevented. The expressive therapies can provide a useful and readily accessible way of processing and managing negative countertransference so that it does not interfere with our functioning. This training is taught by **Eliana Gil, Ph.D.**

Thursday, March 5th

1:00 - 4:00pm

Born Auditorium, 170 Otis Street

ICWA Updates & Best Practices

This half-day training by **Christine Williams, JD**, will put a special emphasis on new laws and regulations, and how to apply them in work you do, in addition to providing an overview of the federal act that provides for Indian Children who come in contact with the child welfare system.

Two sessions to choose from:

Thursday, March 12th OR Wednesday, March 18th

9:00am - 12:00pm

San Francisco location to be announced

SAVE THE DATE

Advanced Court Report Writing on 3/17/09

Other Offerings - Consultation Groups

ASW & MFTi Pre-Licensure Group Clinical Supervision

** Accepting new members this Spring **

There are currently three groups of pre-licensure group clinical supervision being hosted by Family & Children's Services. If you are a registered Associate Social Worker or Marriage & Family Therapist Intern, you are eligible to join the waiting list for these groups, which are accepting new members on an on-going, first-come/first-serve basis. **Paul Gibson, LCSW**, supervises two of the groups (Tuesdays, Thursdays) and **Caroline Salvador-Moses, PhD**, supervises the third group (Wednesdays).

To join the waiting list, you must already be registered with the BBS. Please contact Anne Sausser at Anne.Sausser@sfgov.org or 557-5672.

Supervisor Consultation Group

This group is currently on hiatus to revamp and reconfigure in order to best meet the needs of FCS supervisors. When the group resumes, it will continue to be led by **Stacie Buchanan, MSW**. Supervisors and Managers will be notified as to the future of the group when more information is available.

In the interim, for more information, please contact Anne Sausser at Anne.Sausser@sfgov.org or 557-5672.

Other Offerings - Self Care

Weight Watchers At Work

The HSA Weight Watchers group is currently on hiatus and is expected to resume on Tuesday, February 24th.

This program provides employees the benefit of group support and guidance by a Weight Watchers leader.

Expected to meet Tuesdays/weekly from 12:00 - 1:00pm

Born Auditorium

170 Otis Street

Yoga at Third Street

Rest, relax and rejuvenate yourself with free noon-time yoga at the Third Street office, hosted by Family & Children's Services. By drawing from a wide range of techniques and customizing each session, instructor **Osha Hanfling** provides a unique healing experience for each client.

Participation is drop-in so you do not need to register.

Please dress in comfortable clothing and bring a large towel or yoga mat.



For more information, please contact Anne Sausser at

Anne.Sausser@sfgov.org or 557-5672.

Meets Tuesdays/weekly from 12:00 - 1:00pm

SFTP's New Website

The San Francisco Training Project is excited to announce our new website! Visit and bookmark us at:

<http://bayareaacademy.org/article.php?list=type&type=25>

Click on link “Event Calendar” to see events on a monthly-view calendar. Click on link “Trainings” to access events listed by date. From there, simply click on an event to get more information.

- Look up the *most current* information about a training you are registered for
- Download the official training flyer and the Executive Summary
- Use the Google Map function to get directions to and from a training site
- Read a trainer’s biography
- Download the most current versions of our Quarterly Newsletter and Training Catalog

This effort is to provide you with the most current information about our events and is also aligned with San Francisco’s effort to “go green”. If you have any feedback or suggestions, please contact Anne Sausser at Anne.Sausser@sfgov.org or 557-5672.

By the way, the website address will soon be:

<http://www.sftrainingproject.org>

Training Regulations

Effective July 1, 2008...

All County Letter 08-23 outlines new training regulations, addressing the minimum number of hours of training a new or existing child welfare worker must have per year.

Per section 14-611.5, “all child welfare workers and supervisors shall undergo 40 hours of continuing training every 24 months.”

Additionally, the county must carefully track - and report back to the state - the number of hours of training for each worker and supervisor.

These regulations will be discussed in depth at SFTP’s training entitled “**New Training Regs and the Learning Organization: When To, What To, How To**” which is offered twice, once on Friday, February 13th, and again on Tuesday, March 3rd.

Supervisors and Managers are highly encouraged to attend this session in order to get more information on how to meet these new regulations.

Overview of Bay Area Academy & San Francisco Training Project

Bay Area Academy

The Bay Area Academy provides education, support and inspiration to those dedicated to improving the quality of life for children, youth, adults, and families in the greater San Francisco Bay Area communities and beyond. Please check out our website at:

<http://www.bayareaacademy.org/>

San Francisco Training Project (SFTP)

The Bay Area Academy has a county-specific contract with the San Francisco Department of Human Services to provide professional development services to the county's public child welfare social workers, public health nurses, foster care providers, and appropriate community service providers working in or with the public child welfare system. SFTP is currently developing training and consultation in the areas of resiliency, permanency, disproportionality and attachment/trauma recovery.

The Training Project consists of the following staff:

Judith Lefler, Assistant Director of the Bay Area Academy

Jennifer Burke, Project Coordinator & Training Specialist

Darlene Modesto, Training Workgroup Coordinator

Anne Sausser, Training Coordinator

Darryn Green, Training Assistant



San Francisco Training Project

San Francisco FCS location
170 Otis Street, 7th Floor
San Francisco, California 94103

Bay Area Academy location
2201 Broadway, Suite 100
Oakland, California 94612