

San Francisco Family & Children's Services



Training Catalog

October - December 2008



**Event Calendar &
Training Information**





CITY & COUNTY OF SAN FRANCISCO



HUMAN SERVICES AGENCY

Vision

San Francisco is a diverse community whose children, youth, families, adult and seniors are safe, self-sufficient and thriving.

Mission

The Human Services Agency promotes well-being and self-sufficiency among individuals, families and communities in San Francisco.

Core Values

Respect

We treat all people with dignity, fairness and respect.

Diversity

We embrace and promote diversity and oppose discrimination and racism.

Integrity

We maintain ethical standards, professionalism, confidentiality and integrity.

Partnership

We work as partners with co-workers, community and public agencies, individuals and families.

Customer Service

We provide the highest quality services to meet each individual's unique needs.

Communication

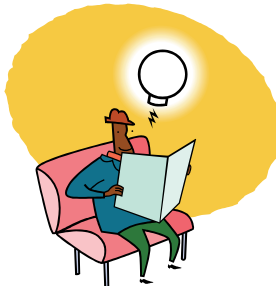
We clearly communicate information and expectations to encourage honest and respectful dialogue.

Continuous Improvement

We do our best, evaluate our outcomes and recognize change and innovation as a means to achieve excellence.

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Training Offerings — October 2008

Advanced SafeMeasures for Supervisors

This course will ensure that participating supervisors have a basic understanding of SafeMeasures navigation and how to perform more advanced navigation. It will also provide participants with an opportunity to learn ways to incorporate Safe Measures into their individual supervisory practice. **Maryanne Rehberg, LCSW** and **Betty Hanna, MA, MFT** will be the instructors.

Two sessions to choose from:

Tuesday, October 14th or Wednesday, October 15th

9:00am - 4:00pm

5th Floor Computer Lab

170 Otis Street

Planned, Purposeful and Progressive Visitation for Court Staff

This training, presented by **Rose Wentz, MPA**, will provide a brief overview of Planned, Purposeful and Progressive Visitation, and how the court can support this process. Various types of visitation and the appropriateness of each of those will be discussed along with the impact on a child when undergoing a separation.

Tuesday, October 28th

Two sessions to choose from:

10:00am - 12:00pm or 1:00 - 3:00pm

Civic Center Courthouse

400 McAllister Street, Room 509

Training Offerings — October 2008

Planned, Purposeful and Progressive Visitation for Child Welfare Staff - Make Up Session

The course is for the professionals involved in determining visitation plans for San Francisco County children and parents. The course, taught by **Rose Wentz, MPA**, will expand the participant's knowledge on how to plan visits for children and families based on research, agency policy and national best practices.

** This make up session is mandatory for case-carrying workers in ERU, CDU, FSU and MFU, and Family Reunification Child Welfare Workers in TPU, who did not attend sessions in April/May/June 2008. **

Wednesday, October 29th

9:00am - 4:00pm

SFSU Downtown Campus

835 Market Street, 6th Floor

Re-Energizing SDM for Supervisors

Supervisors can increase their knowledge of SDM policies, procedures, and definitions, gain skills integrating SDM into supervisory activities, and gain specific SDM-related skills in this training by **Margie Albers, LCSW**.

Thursday, October 30th

9:00am - 4:00pm

SFSU Downtown Campus

835 Market Street, 6th Floor

Training Offerings — November 2008

SDM Management Report Presentation

This presentation by **Raelene Freitag, PhD**, Director of the Children's Research Center, is a review of the SDM Management Report intended for Program Directors and Supervisors.

Tuesday, November 18th

1:00 - 4:30pm

1st Floor Conference Room

225 Valencia Street



Assessment & Treatment of Children with Sexual Behavior Problems

The Bay Area Academy is proud to announce this course by well-known lecturer, author and clinician **Eliana Gil, PhD**, which addresses the issues of sexual behavior problems in children. This workshop discusses types of sibling abuse, etiology of the problem, and family dynamics. In addition, a comprehensive treatment approach is provided that includes accountability and a focus on safety, individualized assessment of victim/victimizer needs, and a treatment format that includes individual, conjoint, and family work with measurable goals.

Wednesday, November 19th

9:00am - 4:00pm

The Event Center at St. Mary's Cathedral

Training Offerings — November 2008

SDM Comparative Case Reading for Supervisors

Raelene Freitag, PhD, Director of the Children's Research Center, will facilitate a case reading exercise for Supervisors. Please bring your SDM Policy & Procedure Manual, and attend the appropriate session for your unit.

Wednesday, November 19th

Two sessions:

8:30am - 12:00pm for ER/Hotline/CDU Supervisors

1:00 - 4:30pm for FM/FR Supervisors

2nd Floor Conference Room

225 Valencia Street

An Integrative Approach to Working with Traumatized Children

This workshop by **Eliana Gil, PhD**, will present a summary of current research findings regarding the impact of abuse on children. Main goals of this training are to help participants: gauge trauma impact during the assessment phase; to define trauma, trauma-impact, and post-traumatic play; to distinguish between post-trauma play that produces positive results and post-trauma play which may retraumatize the child; to suggest therapeutic interventions for non-helpful post-traumatic play; and to list treatment goals for abused and traumatized children.

Thursday, November 20th

9:00am - 4:00pm

The Event Center at St. Mary's Cathedral

1111 Gough Street

Training Offerings — December 2008

When Did You First Realize You Were Straight? Strategies & Legal Requirements for Working with LGBTQ Youth - Make Up Session

This training, presented by **Maryanne Rehberg, LCSW**, is designed to assist child welfare and other professionals with incorporating a gay, lesbian, bisexual, transgendered and questioning affirming approach into their social work practice.

** This make up session is mandatory for Child Welfare Staff who did not attend sessions in Apr/May/Jun 2008. **

Thursday, December 11th

9:30am - 3:00pm

SFSU Downtown Campus

835 Market Street, 6th Floor



For more information
or to register for training,
contact Darryn Green at:
SFTPRegistrar@Yahoo.com
or 557-6024

Missions & Values Discussions

Facilitated by **Debbie Yip**, these workshops are an opportunity for child welfare workers to engage in a creative dialogue about the values, beliefs and principles of child welfare practice and new expectations framed in the context of the fundamentals of Child Welfare Redesign and achievement of AB636.

** Attendance is mandatory. **

For Program with Sophia Isom:

Wednesday, November 19th from 9:00am - 1:00pm

Bahai Center, 170 Valencia Street

For Program with Tracy Burris:

Wednesday, December 3rd from 9:00am - 1:00pm

*Alex Pitcher Community Room, CCSF Southeast Campus,
1800 Oakdale Avenue*

For Program with Jimmie Gilyard:

Thursday, December 4th from 9:00am - 1:00pm

Bahai Center, 170 Valencia Street

For Program with John Tsutakawa:

Thursday, December 4th from 1:00 - 5:00pm

Bahai Center, 170 Valencia Street

For Program with Sharon Bell:

Tuesday, December 9th from 9:00am - 1:00pm

Bahai Center, 170 Valencia Street

Other Offerings — Consultation Groups

Supervisor Consultation Group

This group generally meets monthly, and rotates between the Otis and Third Street offices. The primary focus of the group is to give new supervisors an opportunity to: address a variety of supervisory challenges; look at issues of self-care; get management support; and, set limits, boundaries and expectations of self. The group is led by **Stacie Buchanan, MSW**, who utilizes the Foundations of Supervision principles and how they relate to the 4 supervisory roles (Administrative, Managerial, Educational and Service & Support).

For more information, please contact Anne Sausser at Anne.Sausser@sfgov.org or 557-5672.

ASW & MFTi Pre-Licensure Group Clinical Supervision

There are currently three groups of pre-licensure group clinical supervision being hosted by Family & Children's Services. If you are a registered Associate Social Worker or Marriage & Family Therapist Intern, you are eligible to join the waiting list for these groups, which are all currently full. **Paul Gibson, LCSW**, supervises two of the groups (Tuesdays, Thursdays) and **Caroline Salvador-Moses, PhD**, supervises the third group (Wednesdays).

To join the waiting list, please contact Anne Sausser at Anne.Sausser@sfgov.org or 557-5672.

Other Offerings — Self Care

Weight Watchers

This group meets weekly for 15-week cycles. The fee to join is \$187.00, which you can elect to pay all at once or in three payments of \$62.00. HSA's Weight Watchers group has collectively lost over 400 lbs!

For more information, please contact Jenny Curley at Jennifer.Curley@sfgov.org.

Meets Tuesdays/weekly from 8:00 - 9:00am

Born Auditorium

170 Otis Street

Yoga at Third Street

Rest, relax and rejuvenate yourself with free noon-time yoga at the Third Street office, hosted by Family & Children's Services. By drawing from a wide range of techniques and customizing each session, instructor

Osha Hanfling provides a unique healing experience for each client. Participation is drop-in so you do not need to register. Please dress in comfortable clothing and bring a large towel or yoga mat.



For more information, please contact Anne Sausser at Anne.Sausser@sfgov.org or 557-5672.

Meets Tuesdays/weekly from 12:00 - 1:00pm

3801 Third Street, Suite 210

Event Calendar — October 2008

Monday	Tuesday
<p>KEY <i>Blue ink = San Francisco Training Project events</i> <i>Green ink = Bay Area Academy events</i> <i>Black ink = FCS events</i> <i>Purple ink = Community Partner events</i></p>	
6	7
	<p>OYA Project Off-Site Meeting Mary Garrison 9:00am - 3:00pm <u>Presidio Log Cabin, 1299 Storey Ave</u></p> <p>Weight Watchers 8:00 - 9:00am <u>Born Auditorium, 170 Otis St</u></p> <p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>
13	14
<p><i>City & County of San Francisco</i> <i>Holiday:</i> <i>Columbus Day</i></p>	<p>Advanced SafeMeasures for Supervisors Betty Hanna & Maryanne Rehberg 9:00am - 4:00pm <u>5th Floor Computer Lab, 170 Otis St</u></p> <p>Weight Watchers 8:00 - 9:00am <u>Born Auditorium, 170 Otis St</u></p> <p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>
20	21
	<p>Weight Watchers 8:00 - 9:00am <u>Born Auditorium, 170 Otis St</u></p> <p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>
27	28
	<p>Planned, Purposeful and Progressive Visitation for Court Staff Rose Wentz 10:00am-12:00pm or 1:00-3:00pm <u>Civic Center Courthouse, 400 McAllister St, # 509</u></p> <p>Weight Watchers 8:00 - 9:00am <u>Born Auditorium, 170 Otis St</u></p> <p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>

Wednesday	Thursday
1	2
<p>FCS All Staff Division Meeting S. Butler, PhD & R. Cameron Wedding, PhD 9:00am - 1:00pm Herbst International Exhibition Hall</p>	
8	9
<p>FCS Quarterly Program Meeting (Gilyard and Isom) 9:30 - 11:30am Born Auditorium, 170 Otis St</p>	
15	16
<p>Advanced SafeMeasures for Supervisors Maryanne Rehberg 9:00am - 4:00pm 5th Floor Computer Lab, 170 Otis St</p>	<p>FCS Quarterly Program Meeting (Bell, Burris and Tsutakawa) 1:00 - 3:00pm Born Auditorium, 170 Otis St</p>
22	23
29	30
<p>Planned, Purposeful and Progressive Visitation - Make Up Date Rose Wentz 9:00am - 4:00pm SFSU Downtown Campus, 835 Market St, 6th Floor</p>	<p>Re-Energizing SDM for Supervisors Margie Albers 9:00am - 4:00pm SFSU Downtown Campus, 835 Market St, 6th Floor</p>

Event Calendar — November 2008

Tuesday	Wednesday
4	5
<p>Weight Watchers 8:00 - 9:00am <u>Born Auditorium, 170 Otis St</u></p> <p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>	
11	12
<p><i>City & County of San Francisco & Bay Area Academy</i> <i>Holiday:</i> <i>Veterans Day</i></p>	
18	19
<p>SDM Management Report Presentation Raelene Freitag, PhD 1:00 - 4:30pm 225 Valencia St, 1st Floor Conference Room</p> <p>Weight Watchers 8:00 - 9:00am <u>Born Auditorium, 170 Otis St</u></p> <p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>	<p>Assessment & Treatment of Children with Sexual Behavior Problems Eliana Gil, PhD 9:00am - 4:00pm Event Center at St. Mary's Cathedral, <u>1111 Gough St</u></p> <p>Mission & Values Discussion for Program with S. Isom Debbie Yip 9:00am - 1:00pm <u>Bahai Center, 170 Valencia St</u></p> <p>SDM Comparative Case Reading for Supervisors: ER/Hotline/CDU Raelene Freitag, PhD 8:30am - 12:00pm 225 Valencia St, 2nd Floor Conference Room</p> <p>SDM Comparative Case Reading for Supervisors: FM/FR Raelene Freitag, PhD 1:00 - 4:30pm 225 Valencia St, 2nd Floor Conference Room</p>
25	26
<p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>	

Thursday	Friday
6	7
	<p>Permanency: A Legal and Psychological Mandate for Foster Children David Brodzinsky 9:00am - 2:00pm UCSF, Fromm Hall</p>
13	14
20	21
<p>An Integrative Approach to Working with Traumatized Children Eliana Gil, PhD 9:00am - 4:00pm Event Center at St. Mary's Cathedral, 1111 Gough St</p>	
27	28
<p><i>City & County of San Francisco & Bay Area Academy Holiday: Thanksgiving Day</i></p>	<p><i>City & County of San Francisco & Bay Area Academy Holiday: Thanksgiving Holiday</i></p>

Event Calendar — December 2008

Monday	Tuesday
1	2
	<p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>
8	9
	<p>Mission & Values Discussion for Program with S. Bell Debbie Yip 9:00am - 1:00pm <u>Bahai Center, 170 Valencia St</u> Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>
15	16
	<p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>
22	23
	<p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>
29	30
	<p>Yoga Osha Hanfling 12:00 - 1:00pm 3801 3rd St, Suite 210</p>

Wednesday	Thursday
3	4
<p>Mission & Values Discussion for Program with T. Burris Debbie Yip 9:00am - 1:00pm CCSF Southeast Campus, Alex Pitcher Community Room, 1800 Oakdale Ave</p>	<p>Mission & Values Discussion for Program with J. Gilyard Debbie Yip 9:00am - 1:00pm <u>Bahai Center, 170 Valencia St</u> Mission & Values Discussion for Program with J. Tsutakawa Debbie Yip 1:00 - 5:00pm Bahai Center, 170 Valencia St</p>
10	11
	<p>When Did You First Realize You Were Straight? GLBTQ Youth - Make Up Session Maryanne Rehberg 9:30am - 3:00pm SFSU Downtown Campus, 835 Market Street, 6th Floor</p>
17	18
24	25
	<p><i>City & County of San Francisco & Bay Area Academy Holiday: Christmas Day</i></p>
31	
	<p style="text-align: center;">To register: Contact Darryn Green SFTPRegistrar@yahoo.com or 557-6024</p>

Training Regulations

Effective July 1, 2008...

All County Letter 08-23 outlines new training regulations, addressing the minimum number of hours of training a new or existing child welfare worker must have per year.

Per section 14-611.5, “all child welfare workers and supervisors shall undergo 40 hours of continuing training every 24 months.” Additionally, the county must carefully track - and report back to the state - the number of hours of training for each worker and supervisor.

All training courses offered by the Bay Area Academy and the San Francisco Training Project qualify towards the mandated 40 hours of training, including Supervisor Consult Groups and Pre-licensure Group Clinical Supervision, but excluding Weight Watchers and Yoga.



More information about events that can be applied to the 40 hours will be forthcoming in future training catalogs.

Stay tuned!

Overview of Bay Area Academy & San Francisco Training Project

Bay Area Academy

The Bay Area Academy provides education, support and inspiration to those dedicated to improving the quality of life for children, youth, adults, and families in the greater San Francisco Bay Area communities and beyond. Please check out our updated website at:



<http://www.bayareaacademy.org/>

San Francisco Training Project (SFTP)

The Bay Area Academy has a county-specific contract with the San Francisco Department of Human Services to provide professional development services to the county's public child welfare social workers, public health nurses, foster care providers, and appropriate community service providers working in or with the public child welfare system. SFTP is currently developing training and consultation in the areas of resiliency, permanency, disproportionality and attachment/trauma recovery.

The Training Project consists of the following staff:

Judith Lefler, Assistant Director of the Bay Area Academy

Jennifer Burke, Project Coordinator & Training Specialist

Darlene Modesto, Training Workgroup Coordinator

Anne Sausser, Training Coordinator

Darryn Green, Interim Training Assistant

San Francisco Training Project

San Francisco FCS location
170 Otis Street, 7th Floor
San Francisco, California 94103

Bay Area Academy location
2201 Broadway, Suite 100
Oakland, California 94612

