

Executive Summary

Title: Getting in the Groove (of Successful Facilitation)

Description:

Child Welfare Workers are often called upon to facilitate family meetings. This half day training will address the topic of meeting facilitation while examining timing and summary reflection as a tool in the course of meetings as well as how to keep the agenda moving forward. Workers can benefit from learning the difference in problem identification versus problem solving in meetings. Critical in any family meeting is engagement, strength based focus, and agreement on safety. The training will be a hands on format with minimal interactive lecture and plenty of opportunities for practice.

Objectives:

1. Practice summarizing and reflecting meeting content as a tool to prevent a meeting from collapsing.
2. Identify the difference between problem solving and problem identification in keeping with the goal of safety.
3. Develop strategies for adhering to and flexing the agenda based on the needs of the meeting.
4. Integrate an understanding of basic engagement in family meetings in order to get off on the right foot.
5. Practice reframing in order to identify strengths while gaining agreement on safety.

Target Audience:

The training will be of interest to supervisors and workers.

Before the training supervisors can:

- review the objectives with the staff member to help the staff member focus on areas for their development
- ask the staff member to share information with the rest of the team upon their return

After the training supervisors can:

- review the information for compatibility with agency expectations
- review in supervision with the staff member the information as applied to specific meetings
- discuss further training needs or formats with the supervisee which could support the process of supervision