



Bay Area Academy Presents...

Mental Health & Mental Disorders

WITH JOCELYN CREMER, PH.D.

THIS COURSE IS OFFERED AS ONE OF THE CORE COURSES FOR **NEW CHILD WELFARE WORKERS : CORE E-3**

This training provides an overview of common mental health diagnoses and the effects these diagnoses may have on parenting safely and effectively. The training focuses on recognizing and integrating signs and symptoms of mental health issues in considering risk, prognosis, family strengths and resources, and common case plan interventions. Additionally, the training highlights the cultural influences which can sometimes impact mental health and receiving the appropriate mental health intervention in order to stabilize and strengthen a family. Finally, participants will learn key concepts related to mental health such as chronic versus acute symptoms and other terms related to mental health.

LEARNING OBJECTIVES

As a result of this workshop, participants will be able to:

- Recognize how various mental disorder and early warning signs can affect a person's ability to parent.
- Recognize the difference between chronic and acute symptoms and the potential prognosis of commonly found mental health disorders.
- Recognize that biological, psychological, cultural, and environmental factors influence the mental health functioning of family members and can sometimes be misconstrued as mental illness.
- Describe the role of the child welfare worker and the roles of various health care and mental health professionals who work with parents, adolescents, and children with mental health disorders.
- Identify common case plan interventions that are most often used by child welfare workers to assist children, adolescents, and caregivers suffering from mental disorders.

Jocelyn Cremer, Ph.D., is a licensed psychologist with expertise in children, adults, and families. She has worked for 15 years with a variety of children, adolescents, and their families in the Bay Area. In addition, she has worked in the public sector with severely emotionally disturbed children and adolescents. As the EPSDT coordinator for Marin Co. she did clinical assessments and therapy with many foster children and their families. Working with interdisciplinary teams as a lead case manager was an exciting part of this work. She has also taught several parenting classes to court mandated parents and foster parents. Currently she has a private practice in San Francisco and does speaking engagements throughout the greater Bay Area.

MARCH 11, 2010: 9:00am to 4:00pm
Registration at 8:30am

Please note: In order to receive credit for completion of this training and to receive CEUs, you must arrive on time and complete the entire session.

**24100 AMADOR STREET
ROOMS 436-437
HAYWARD, CA 94544**

Invited Counties: Alameda, Contra Costa, Marin, Monterey, Napa, San Benito, San Francisco, San Mateo, Santa Cruz, Solano, Sonoma

Registration Deadline: Contact your County Training Manager by **February 25th** to request registration.

6 CEUs will be offered to LCSWs and LMFTs. PCE#1854. Provider approved by the California Board of Registered Nursing, Provider # CEP 13140, for 6 Contact Hours. No charge for training.

SAFETY, PERMANENCE AND WELL-BEING/FEDERAL REVIEW AND AB 636 OUTCOMES

Please go to the Bay Area Academy website

<http://bayareaacademy.org/> for additional trainer bios and further training opportunities.