

Bay Area Mental Health Resources

ALAMEDA COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	Alameda Children's Outpatient Services	(510) 522-4668	www.acbhcs.org/docs/byModality.htm	Children and families	Individual counseling, group counseling, training/education, social/recreation activities, collateral services and crisis intervention
	Alameda County Medical Center- John George Psychiatric Pavilion Campus	510-346-7500	www.acmedctr.org	Adults	Emergency assessments, emergency medications, emergency hospitalization and outpatient crisis unit for crisis intervention
	Ann Martin Children's Center	(510) 655-7880	www.annmartin.org/	Children and families	Services include psychotherapy, educational therapy, psychological and educational diagnostic testing, and Cornerstone Therapeutic Program for preschoolers.
	Asian Community Mental Health Services	(510) 451-6729	www.acmhs.org/	Asian community	Case management, crisis intervention, individual, group and family therapy and medication therapy services, parenting support groups, family resource coordination and a youth program.
	Asian Pacific Psychological Services	(510) 835-2777	http://appsweb.org/home.htm	Asian community, especially indigent and	Services provided include adult mental health and alcohol/other drug

				disadvantaged refugee and immigrant families	(AOD) prevention and treatment; domestic violence intervention and prevention; Child and adolescent mental health/wraparound services and alcohol/drug prevention and treatment; AOD/MH treatment for court-referred and other youth; a community mobilizing AOD prevention program; and youth development. Services offered in 12 Asian languages and dialects.
	Axis Community Health: Mental Health Services	(925) 201- 6240	www.axishealth.org/	Adults, couples, children and families	Counseling to address anxiety, depression, parenting, relationship difficulties, and school behavior problems
	Bay Area Community Services (BACS)	(510)-613- 0330	www.bayareacs.org	adults	Services offered are adult services, such as adult day care, meals on wheels, in-home care, case management and transportation and mental health program, including supported housing, case management, creative living centers, employment

					program, crisis residential program and senior homeless program.
	Berkeley Bi-polar Support Group	510-594-4030	www.geocities.com/berkbipolar	adults	Support, education and crisis guidance for people with depression or bipolar disorder. Free services
	Berkeley Mental Health Division-Crisis Intervention Services/Mobile crisis team	510-981-5254	www.ci.berkeley.ca.us/mentalhealth	adults	Crisis intervention services (psychological outreach, assessment and/or counseling intervention for mental health crises for Berkeley and Albany residents.
	City of Fremont Youth and Family Services	(510) 574-2100	www.ci.fremont.ca.us/Community/Parents/YFS.htm	Children and families	Counseling
	Community Counseling & Education Center	(510) 792-4964	www.communitycounseling.org/	Adults, children and families	Individual, marital and family therapy, child and adolescent therapy, community workshops, mentoring and after school programs and youth development and peer health education.
	Crisis Support Services of Alameda County	800-309-2131 800-SUICIDE	www.crisissupport.org	adults	Telephone crisis, counseling and referral services, community education program and disaster counseling
	Davis Street Family Resource Center/ San	(510) 347-4620	www.davisstreet.org/counseling_services.htm	Children (ages 2.9-18 years old)	Individual, family, couples and group therapy, DV

	Leandro Community Counseling				support groups, DV program for men who abuse, anger management, parenting education, psychological assessment, crisis counseling, anti-violence prevention program for at-risk youth, and Boys Becoming Men program. Services also in Spanish.
	East Bay Agency for Children (EBAC)	510-268-3770	www.ebac.org	children	Intensive day treatment programs for children for children suffering from severe emotional issues, school-based prevention programs, to assist at-risk children at public school sites with Circle of Care (support children and families coping with loss, serious illness and trauma)
	FamilyPaths, Inc.	1-800-829-3777	www.familypaths.org/	Adults, children and families	24-hour family support resource hotline, 24-hour foster parent advice line, emergency respite child care, CalWORKS support counseling, Positive Parenting Classes and counseling for infants, children, adolescents, adults and families.
	Fred Finch Youth	(510) 482-	www.fredfinch.org/	Children,	Services offered

	Center	2244		adolescents and young adults, ages 4-24	are community-based program, including comprehensive assessment and stabilization service, in-home stabilization and therapy services, parent/family partnership, therapeutic behavior services, transitions, long-term therapy program (visiting therapist program), and visiting therapist probation program, school-based program, including mental health services and day treatment, specialized residential programs, and transition-aged youth programs.
	East Bay Agency for Children (EBAC)	(510) 268-3770	www.ebac.org/	Adults and Children and adolescents	Violence prevention workshops, after school academic and enrichment activities, case management and family support services.
	Howie Harper Multiservice Center	510-834-8771		adults	Drop-in program for men and women with dual diagnosis
	Institute on Aging-Center for Elderly Suicide Prevention and Grief-related Services	(24-hour line) 800-971-0016	www.ioaging.org	adults	Educational, emotional support and crisis intervention for older adults at risk of suicide and who

					are depressed
	La Clinica de la Raza- Casa del Sol	510-535-6200	www.laclinica.org	Adults and families	Individual, family and group therapy for Spanish-speaking uninsured residents of Alameda County
	La Familia Counseling Services	(510) 881-5921	cecp.air.org/teams/greenhouses/lafamilia.asp	Children and families	Community based organization serving a broad range of human services with emphasis on advocacy, education and community mental health.
	Lincoln Child Center	(510) 531-3111	www.lincolncc.org/	Children and families	Services include kinship services, non-public school/day treatment, public school-based services, residential services, therapeutic behavior services and wrap services.
	Mandana Community Recovery Center	510-595-9690		Adults and families	Drop-in center for people and their families in recovery. Self-help and peer support group, including 12-step groups,
	NAMI Alameda County	510-835-5010 contact person- Stephen Bischoff	www.nami-alamedacounty.org/	Adults	Services offered are monthly meetings, family support groups, state and national network and information and referrals.
	Native American Health Center	(510) 535-4460	www.nativehealth.org/	Adults, children and adolescents (Native	Family and child guidance program services include individual, family

				American Community)	and group therapy, community outreach, talking circles, substance abuse treatment, youth services, case management and community groups.
	Pacific Center for Human Growth	510-548-8283 ext 250	www.pacificcenter.org	LGBT community	Individual, couples, group and family therapy and counseling for HIV positive men and their partners.
	Psychological Services Center	510-628-9065		Adults, children and adolescents	Individual, couples and family therapy for children, adolescents and adults.
	Seneca Center	(510) 481-1222	www.senecacenter.org/Seneca/home.cfm	Children and families	Services offered are community-based services, such as individual and family therapy, respite care, foster care, mobile response, school-based program services, such as day treatment and therapeutic preschool, and residential services, such as community treatment facilities and residential treatment.
	STARS Community Services Program	(510) 352-9200	www.starsinc.com	Adolescents and transition age youth	Services offered are transitions program , non-public school, day treatment intensive program, and therapeutic behavioral services.
	UCSF Center on	(415) 476-	psych.ucsf.edu/Patients/deafnes	Deaf	Individual therapy,

	Deafness	4980	s.asp	community	group therapy, collateral, medication evaluation and monitoring, case management and crisis intervention. American Sign Language, Signing Exact English, speech and speech reading, cued speech and assistive listening devices are used.
	Valley Mental Health Services: Children's Outpatient Services	(925) 462-3010	N/A	Children and adolescents	Crisis services, day treatment, medication support and outpatient services.
	West Oakland Children's Services	(510) 465-1800	N/A	Children and adolescents	Counseling, crisis intervention, medication monitoring and nonresidential outpatient.
CONTRA COSTA COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	ABC Family Solutions	510-588-4046	www.cavictimsofcrime.com	Adults, children and adolescents	Services offered are mental health services in such areas as child abuse, couples counseling, crime victims, crisis intervention, family reunification, foster care issues, sexual abuse and wrap around service support.
	American Indian Child Resource Center	510-208-1870	www.aicrc.org	Children, adolescents and families	Offers support and education services for American Indian youth and families. Programs

					include cultural arts and youth leadership development, teen health and sexuality education, foster parent information and training, as well as assistance with accessing services available through the Indian Child Welfare Act (ICWA).
	Contra Costa Health Services- Central County Children’s Mental Health	CCMHP authorization 888-678-7277	www.cchealth.org	Children and adolescents	Contra Costa children and adolescents to age 18 are served by a county-wide system of care that includes mental health staff working in partnership with Probation Department, Employment and Human Services Department, school districts, and family members. County staff, community based agencies, and a network of private therapists provide multiple services for youth.
	Contra Costa Health Services- East County Children’s Mental Health	925-427-8664	www.cchealth.org	Children and adolescents	Serves low income children and youth ages 3-18 who reside in East Contra Costa County. Provides wraparound services, screening and assessment,

					referral and access to services, doctors, school-based services, day treatment, crisis services and residential programs. Also provides early intervention for children birth to 6 years, parent support and education, foster care, counseling and therapy for children and families, trauma and sexual assault recovery support.
	Contra Costa Health Services- West County Children's Mental Health	(510) 374-3261	www.cchealth.org	Children and adolescents	Serves low income children and youth ages 3-18 who reside in West Contra Costa County. Provides wraparound services, screening and assessment, referral and access to services, doctors, school-based services, day treatment, crisis services and residential programs. Also provides early intervention for children birth to 6 years, parent support and education, foster care, counseling and therapy for children and families, trauma and sexual assault

					recovery support.
	Early Childhood Mental Health Program (ECMHP): Individual, Play therapy and Family Counseling	510-412-9200	www.ecmhp.org	children	Comprehensive therapeutic nursery, infant home visiting, individual therapy, wraparound support, fathers' and grandparents' groups, and mental health consultation for child care providers.
	Familias Unidas Counseling and Information Center	925-755-7775	www.familias-unidas.org	Adults, children and adolescents	Familias Unidas is a proactive community-based organization dedicated to delivering quality counseling, advocacy, and information services to the multicultural communities of Contra Costa County emphasizing the Latino community in a culturally relevant and linguistically appropriate way. Programs include: mental health, education and prevention, youth development, and HIV/AIDS services.
	FamiliesFirst	925-827-3857	www.familiesfirstinc.org	Children, adolescents and families	Community-Based Services include both Family Support and Family Preservation Services, children's mental health services, kinship, intensive wrap

					services, day treatment, respite, foster and adoption services, crisis nursery, shelter and residential treatment.
	Family Stress Center Counseling	Antioch Concord	www.familystresscenter.org	Children, adolescents and families	A community based organization serving Contra Costa County with counseling, educational programs, social services and in-home support to strengthen families and to treat and prevent child abuse and neglect.
	Hume Center	Pittsburg Concord	www.humecenter.org	Adults, children and adolescents	Outpatient mental health services, partial hospitalization, psychodiagnostic and neuropsychological assessments and prevention services.
	Lutheran Social Services: Teens Talking Together Program	925-825-1060		adolescents	Teens Talking Together Program provides peer counseling and support groups for at-risk youth.
	NAMI Contra Costa County	925-465-3864 contact person- Art Honegger	www.namicontracosta.org	Adults and their families	Support and referral services for people with mental illness Programs- Peer to Peer, In Our Own Voice, Family to Family and New Hope Education Program
	NAMI East Contra	925-431-	N/A	Adults and	Support and

	County	2622 Contact person- Salvador Morales		their families (Spanish only)	referral services for people with mental illness
	New Directions Counseling Center	925-798- 7500	www.ndcounselingcenter.org	Adults, children and adolescents	Outpatient counseling and mental health services.
	Northern California Family Center	925-370- 1990		Adults, children and adolescents	Provides counseling services for children and adolescents, individuals, parents, couples and families. Helps with a wide variety of problems ranging from depression and anxiety, domestic violence and abuse, to personal growth and development. Provides temporary, emergency shelter for youth between the ages of 9-17.
	Stepping Stones Counseling Services	Antioch: 800-670- 7273; Concord and San Pablo: 800-403- 6111	www.cvsolutions.org/stepstones.htm	Adults, children and adolescents	Specializes in providing counseling for people whose lives have been affected by sexual assault. Services are available to child, adolescent and adult survivors of recent or past rape, incest, molestation or other forms of sexual abuse, as well as to friends or family members of sexual assault survivors.

	Touchstone Counseling Services	925-932-0150	www.touchstonecounseling.com	Adults, children and adolescents	Individual, couples and group therapy and anger management classes.
	Turning Point Counseling Center	925-934-8925		Adults, children and adolescents	Provides individual and family therapy. The program specializes in families that are at risk or have experienced abuse and neglect. The program specializes in children, adolescents, and adults who have experienced great trauma in their lives. We seek to help them become emotionally regulated.
	Ujima Family Recovery Services: Family education program	510-236-0399	www.ujimafamily.org	Children and adolescents	The Family Education Program is a primary prevention program with a special focus on children. Through its counseling services, it promotes healthier patterns of behavior in children, parents and families. The Kids' Group is open to children ages 6-14 whose parents have or have had a drug and/or alcohol problem. In age appropriate weekly groups, children are offered information and

MARIN COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
					activities regarding chemical dependency, feelings, denial, defenses, self-care and self-esteem.
	Buckelew Programs	415-457-6964	www.buckelew.org	adults	Buckelew Programs is a non-profit agency providing a variety of community-based services to adults with a serious mental illness. Depending on the county, services include 24-hour long-term group homes (Residential Support Services), supported housing, assisted independent living, affordable housing, and employment training, placement and support.
	Center for Attitudinal Healing	415-331-6161	www.healingcenter.org	Adults, children and adolescents	Provides emotional and spiritual support services to children, adults, elders, families dealing with illness or loss as well as for any adult seeking to improve the quality of their life experience - 30 weekly support groups, plus home & hospital visiting.
	CHADD of Marin	415-789-9464	www.chaddnorcal.org	Adults, children and adolescents	Providing support, education and advocacy for families, children, teens and adults

					with ADD/ADHD.
	CMHS: Adult Outpatient Therapy	415-499-6835	www.co.marin.ca.us/depts/HH/main/mh/index.cfm	Adults	Provides brief psychotherapy for clients with Medi-Cal or no insurance.
	CMHS: West Marin Service Center	Inside West Marin 415-663-8231 Outside West Marin 415-446-4456	www.co.marin.ca.us/depts/HH/main/ss/westmarin.cfm	Adults, children and adolescents	Provides outpatient mental health services including individual, couple, group and family therapy for children and adults. Also offers a psychiatric medication clinic. Social services include In-Home Supportive Service, Child protective Services, Out-of-Home Placement, Adult Protective Services, Medi-Cal, Food Stamps, and CalWORKs. Offers information and referral and Minority Outreach and bilingual assistance.
	Cognitive Behavioral Therapy Associates of Marin	415-459-2282	www.cbtam.com	Adults, children and adolescents	Provides cognitive behavioral therapy to address problems such as depression, anxiety, panic, obsessive compulsive disorder, anger management, couple relationship issues, parent child difficulties as well as many other issues.
	Community Action	415-339-	www.camarin.org/mcftp.html	Men	This program

	Marin: Marin City Fatherhood Program	2853			teaches men the skills and tools needed to be better fathers and involves these fathers in the lives of their children.
	Community Healing Center	415-499-1115	www.communityhealingcenters.org	Adults, children and adolescents	Outpatient therapy, couples therapy clinic, Women in Transition program and time management services.
	Community Institute for Psychotherapy	415-459-5999, ext. 101	www.counselingcip.org	Adults, children and adolescents	CIP provides quality, affordable counseling and therapy to individuals, families and couples on a sliding fee scale.
	Family Service Agency of Marin	415-491-5700	www.fsamarin.org	Adults, children and adolescents	Programs include: Child, Adult and Family Counseling; Substance Abuse Recovery Services; Pregnancy and Early Parenting Center; Childhood Trauma Program; Suicide Prevention & Community Counseling; and the Jeannette Prandi Children's Center.
	Family Service Agency of Southern Marin	415-332-3129	www.fsamarin.org	Adults, children and adolescents	Counseling, childhood trauma program, pregnancy and parenting center, children's center, elders' program and support groups.
	Full Circle	415-499-		Adults, children	Community

	Programs	3320		and adolescents	Counseling Services include a spectrum of counseling, consulting, and mental health services available to individuals, groups, and families in Marin County.
	Huckleberry Teen Health Program	415-258-4944	huckleberryyouth.org	adolescents	Wellness program, teen health program, assessment and referral services, counseling and family support program.
	Jewish Children and Family Services	415-491-7960	www.jfcs.org	Adults, children and adolescents	Services include concrete assistance; clinical treatment of adults and children; senior care management, homecare, and skilled nursing care; parenting programs and consultation to schools; bereavement and healing programs; refugee resettlement; outreach to those with disabilities

					and chronic illness; and volunteer services to involve community members in reaching out to the isolated and needy. Provides a wide variety of social services, including individual, family, couples, group and child/youth counseling.
	NAMI Marin County	415-444-0480 Contact person- Beverlee Kell	www.namimarin.org	Adults and their families	Support and referral services for people with mental illness. Programs- Family to Family
	Novato Youth Center	415-892-1643, ext. 221	www.novatoyouthcenter.org	Children, adolescents and families	Provides a full range of childcare and parent support services: childcare from infancy to age 14; tutoring for all ages; licensed family counseling; parenting programs; outreach to the diverse cultural families of our community, and scholarships and encouragement for families seeking self-sufficiency.
	Ross Valley Mental Health	415-258-1723	home.att.net/~rossvmh	Adults, children and adolescents	Ross Valley Mental Health is a multidisciplinary group practice specializing in intensive

					outpatient therapy for individuals, couples, families and groups.
	Youth and Family Services	415-499-6724		Children, adolescents and families	Provides outpatient clinical evaluation, case management, psychiatric, and psychotherapeutic treatment for children and their families. The team also provides on site clinical services in schools and case management; placement and community services that include consultation, coordination, education, information and referrals.
MONTEREY COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	2 nd Chance Youth and Family Services	831-758-2501	www.scyp.org	Adolescents and families	Community based counseling agency that works with youth and families at risk for gang and youth violence. Counseling Services, in-group and one-on-one settings, help youth strengthen their resolve and cope with their problems. · The School-based Violence Reduction Program provides on-site counseling for any of the following: gang

					members, youth on the brink of gang membership, youth involved in fights or demonstrating aggressive behavior, truants or any at-risk youth. Other services as well.
	Community Hospital of the Monterey Peninsula /Clint Eastwood Recovery Youth Program	1-800-528-8080 831-373-0924	www.chomp.org	adolescents	Structured daycare program for adolescents experiencing emotional, psychiatric, or alcohol / drug problems. Provides accredited academic school program, specialized family counseling, activities/basic living skills program, and intensive individual and group counseling services.
	Community Human Services Counseling Center	Crisis Line 831-373-4773; 831-373-4775		Adults, children and adolescents	Provides counseling, prevention and intervention services for individuals, groups and families, including: in-clinic counseling and psychotherapy, runaway/homeless youth program, school-based counseling programs, crisis counseling and referrals, and substance abuse

					counseling.
	Family Service Association of Pajaro Valley	831-724-7123		Adults, children and adolescents	Preventative mental health counseling in English and Spanish focusing primarily on individuals, couples, families and children. Sliding fee schedule and insurance accepted. Groups for victims and perpetrators of domestic violence are available for men/women in English and Spanish.
	Family Service Center of Salinas	831-757-7915		Adults, children and adolescents	Among Services offered: -- Individual, group, and family therapy. --Couples counseling. --Walk-ins and crisis appointments. -- School-based counseling programs (SuperKids) -- Parent education classes -- Supervised Visitation and exchange --Child-abuse prevention -- Information and referrals. Services also offered in Spanish.
	Family Service Center of Seaside	831-394-4622		Adults, children and adolescents	Individual, group, and family therapy. --Couples counseling. --Walk-ins and crisis appointments. --

					<p>School-based counseling programs (SuperKids) -- Parent education classes -- Supervised Visitation and exchange --Family-to-Family foster care support -- Child-abuse prevention -- Information and referrals</p>
	Kinship Center	<p>Salinas 831-455-9965 Monterey Area 831-649-3033</p>	<p>www.kinshipcenter.org</p>	<p>Adults, children and adolescents</p>	<p>Programs: Adoption services include a full range of adoption services: infant, foster child adoption, international adoption, or assistance in independent adoption. Foster care services include therapeutic foster care, caring for the medically fragile or developmentally disabled child, as well as pre-adoptive foster care. Services to relative caregivers are provided through Kinship Centers Family Ties program - support groups for caregivers, support groups for children, counseling services, recreational</p>

					<p>events, in-home assessments, legal assistance referrals, and parent education. Kinship Center operates an outpatient child mental health clinic, support groups for education, Adoption Wraparound, and resource & referral. Services also in Spanish.</p>
	<p>Monterey County Mental Health Department/ Adult Services</p>	<p>831-647-7652 831-796-1700</p>		<p>Adults</p>	<p>Adult Services provides psychiatric outpatient medication/treatment, case management services for adults with severe, and persistent mental illness. Services also in Spanish.</p>
	<p>Monterey Rape Crisis Center</p>	<p>Crisis Line 831-633-5900 Hot Line 831-373-4357</p>	<p>www.mtryrapecrisis.org</p>	<p>Adults</p>	<p>Services include a 24-hour crisis line, individual and group counseling, accompaniment and advocacy to hospitals, police departments and through the court system, and information/referral services. MRCC also provides a comprehensive education program focusing on personal safety and sexual assault prevention.</p>

					Services also in Spanish.
	NAMI Monterey County	831-375-6264 contact person Monique Olsen-McKenzie	N/A	Adults and their families	Support and referral services for people with mental illness. Programs- Family to Family and Peer to Peer
	Parents Center/Centro De Padre	831-724-2879	www.members.cruzio.com/~parentcenter/	Children, adolescents and families	Offers individual and family counseling on parenting issues, children's trauma, parenting classes and groups, prevention and treatment of child abuse, works with both physical and sexual abuse. Bilingual services available.
	Suicide Prevention Service of the Central Coast	Crisis Line 831-649-8008; Main number 831-375-6966		Adults	A 24-hour crisis line staffed by professionally trained volunteers. Grief support for anyone who has lost a loved one to a sudden death. A support group for survivors of suicide; community education/prevention outreach; a comprehensive education program for the entire school community in each high school in Monterey County. Services also in Spanish.
	Trucha, Inc.	831-424-0521		Adults, children and adolescents	Provides a variety of community services, information and

					referral, immigration, uncontested divorces, income and expense reports, income taxes, translations, interpreter service, processing of forms, counseling services, home visits, childrens programs, mens and womens support groups, living skills classes, presentations on alcohol and drug use/abuse. All of the above named activities are done both in English and Spanish.
	Women's Crisis Center / Adolescents Center	831-796-3935	N/A	Adults, Children and adolescents	Dedicated to ending the cycle of violence by providing therapy to children and teens. Offers group counseling, individual counseling, and conjoint with the non-offending parent.
NAPA COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	Aldea Children and Family Services	(707) 224-8266	www.aldeainc.org	Adults, children and adolescents	Individual, family and group therapy, residential care, day treatment program, in-school counseling, foster care program, and adult living services.
	Bella House	(707) 257-7755		Adults	Transitional residential

					<p>treatment program that focuses on the rehabilitation needs of clients coming from higher levels of care. It stresses the development of interpersonal and daily living skills and the building of a social support system so that clients can achieve and maintain independence in the community. It utilizes a full range of treatment and social service resources.</p>
	Children's Crisis Services	24 hour (707) 253-4711	N/A	children	<p>Provides comprehensive crisis mental health services, crisis intervention, suicide evaluation, and evaluation for hospitalization for children with a mental health emergency. Also, provides general mental health services and referrals for other services.</p>
	Child and Family Behavioral Health	(707) 259-8167		Children and adolescents	<p>CFBH provides outpatient mental health services, including screening, crisis intervention, counseling, and continuing care services for minors</p>

					<p>housed in the juvenile hall. Serving these populations: 1) Medi-Cal and Healthy families eligible children who have a serious emotional disturbance, and 2) special education children who are referred by their Individual Education Program (IEP) team and require mental health services in order to benefit from their education (commonly called "AB3632").</p>
	<p>Comprehensive Services for Older Adults</p>	<p>(707) 253-4625</p>		<p>Adults</p>	<p>Provides supportive services for mentally ill clients, 60 years of age and older, in need of assistance with daily living skills. Services include: crisis intervention, assistance in locating and maintaining appropriate housing, medical and dental treatment, psychiatric medication referrals, and representative-payee services.</p>
	<p>Mental Health Adult Case Management</p>	<p>(707) 253-4785</p>		<p>Adults</p>	<p>Provides supportive services for mentally ill</p>

					clients in need of assistance with daily living skills. Services include: crisis intervention, assistance in locating and maintaining appropriate housing, medical and dental treatment, psychiatric medication referrals, representative-payee services, and conservatorship services for those clients placed on LPS conservatorship.
	Napa Solano Head Start	(707) 252-8931		Adults (parents), children and adolescents	Provides parenting support services, counseling, child and teen group counseling.
	Napa State Hospital	707-253-5000 707-253-5466	www.dmh.cahwnet.gov/statehospitals/napa/	Adults	Psychiatric inpatient state hospital for the chronically, mentally ill.
	North Bay Regional Center	707-256-1100		Adults, children and adolescents	Services for developmental and special needs children and adults including diagnosis and evaluation, individual program planning, prevention, crisis intervention, advocacy and family support.
	Outpatient Psychotherapy Services	(707) 259-8151		Adults, children and adolescents	Individual and family therapy

	Psychiatric Emergency Response	(707) 253-4711 24-hour		Adults, children and adolescents	Provides comprehensive crisis mental health services, crisis intervention, suicide evaluation, and evaluation for hospitalization for both children and adults. Services are available 24-hour a day. The Psychiatric Response Unit also provides general mental health services and referral for other services.
	St. Helena Hospital Center for Behavioral Health Child and Adolescent Inpatient Services	(707) 648-2200		Children and adolescents	Child and adolescent inpatient services are separate, age specific units. The child unit provides care for children aged 3 to 12 and the adolescent unit provides care for ages 13 to 18. These units provide the required staff supervision, direct care and other clinical services.
	Therapeutic Behavioral Services (TBS)	(707) 259-8167		Young adults (under 21), children and adolescents	Provides intensive short-term one-to-one therapeutic contacts between a contracted mental health provider and a Medi-Cal eligible child/youth in order to maintain the child/youth's residential placement at the

					lowest appropriate level by resolving target behaviors and achieving short-term goals.
SAN BENITO COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	Community Solutions	831-637-1094 Crisis Line 24 hours: 831-683-4118	www.communitysolutions.org	Adults, children and adolescents	Services includes intensive treatment and residential care, 24-hour crisis intervention, confidential shelter and support services, school and community counseling services, legal advocacy, and prevention and education programs.
	San Benito County Behavioral Health	(831) 636-4020 24-hour toll free (888) 636-4020	www.sbcmh.org/	Adults, children and adolescents	Provides crisis intervention, psychiatric evaluation, psychological assessment, medication evaluation, acute hospitalization, individual, family and group counseling, case management, school services and referrals.
SAN FRANCISCO COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	Balboa Teen Health Center	(415) 469-4512		Adolescents	Mental health services at BTHC include individual assessments,

					individual counseling, group counseling, crisis intervention, case management, and referrals to community-based organizations.
	Bayview Hunter's Point Children's Outpatient Services BVHP AB 3632 Children's Services	(415) 648-5785		Adults, children and adolescents	Provides mental health services, medication support, case management, intensive case management and outreach services for children, adolescents and adults. Provides mental health services, medication support, case management, intensive case management and outreach services for children, adolescents and adults.
	Central City Older Adult	(415) 558-5900		Older adults	Provides mental health services to clients 60 years of age or older, residing in the Civic Center, South of Market, and Tenderloin areas of the city. Services include medication management, crisis intervention, dual diagnosis treatment, consultation and case management services.
	Child and	(415) 206-		Children and	This program,

	Adolescent Sexual Abuse Resource Center (CASARC)	6722		adolescents	located at San Francisco General Hospital, provides 24/7 crisis intervention, medical treatment, and evidence collection to victims of sexual abuse from newborns to 17-year-olds. It also provides psychological assessment and psychotherapy to victims and their families.
	Chinatown Child Development Center Child Care Mental Health Consultation	(415) 392-4453		Children and adolescents	Provides psychological evaluation, infant development program, after school program, and outpatient services to severely emotionally disturbed children ages 0-13 and their families. Emphasis on serving Asian immigrant and refugee families.
	Chinatown/North Beach Mental Health Services	(415) 352-2000		Adults and adolescents	Services include psychiatric evaluation, individual therapy/counseling, family intervention, urgent care, medications, group activities, acupuncture for psychiatric disorders, as well as adult/geriatric socialization

					program recovery center. Services in Chinese Vietnamese Laotian Cambodian Italian and English
	Comprehensive Child Crisis Service	24-hour referral number (415) 970-3800		Children and adolescents	24/7 multilingual crisis intervention service for San Francisco children (under age 18) and their families. Immediate crisis evaluations and crisis stabilization services are offered both in the CCCS office and in the community. Other services provided by CCCS include crisis bridging for recently hospitalized youth, emergency response to community crises (e.g., fires, shootings), and DBT treatment. Brochures are available in English, Spanish, Cantonese, and Vietnamese.
	Crossroads Residential Care	(650) 756-6221		Young adults	Crossroads Residential Care serves young adults aged 18-24 with mental health and substance abuse issues. Crossroads programs serve as a bridge to adulthood—employment,

					education, and independent living—for transitional youth clients.
	Edgewood Center for Children and Families	(415) 682-3281		Children and adolescents	<p>Therapeutic Behavioral Services (TBS) is a short-term one-on-one service for Medical beneficiaries. Youth must be exhibiting a serious behavior that jeopardizes their living situation or their transition and they must be a member of a state-defined "class".</p> <p>The one-on-one support is defined by a strength-based behavioral plan and reviewed monthly.</p>
	Family Mosaic Project Children System of Care	(415) 206-7600		Children and adolescents	<p>Provides intensive care management and wraparound services to seriously emotionally disturbed children and youth, and their families, in order to reduce the risk of out-of-home placement.</p> <p>Services may include the coordination of mental health, public health, recreational, educational, and supportive resources, that serve to reduce</p>

					targeted symptoms and problematic behaviors.
	Family Service Agency Geriatric Day Support	(415) 474-7310		Older adults	This program provides a structured day program consisting of groups, activities, meals and therapy for those geropsychiatric clients who require more intensive care than the care provided by outpatient therapy, in order to remain in the community.
	Fred Finch Therapeutic Behavioral Services – TBS	(510) 251-9833X214		Children and adolescents	Designed to help clients who need intensive services to maintain or achieve placement stability and remain safe in the community. Services are provided based on the wraparound philosophy, with individualized, one-to-one behavioral assistance and behavioral interventions.
	Foster Care Mental Health Program	(415) 970-3875		Children and adolescents	Coordinates the delivery of mental health services for children and their families, served by the Department of Human Services. FCMHP provides clinical services such as urgent care responses, psychosocial

					assessments, dyadic and family therapy, individual and group therapy, and/or psychiatric medication evaluations.
	Huckleberry Youth Programs	(415) 621-2929		Young adults and adolescents	Family and individual counseling for youth ages 11-21 are provided at Huckleberry House and at Huckleberry's Cole Street Clinic. Although they are a Medi-Cal provider, their services are free regardless of the family's income or health insurance.
	Instituto Familiar de la Raza	(415) 229-0500		Adults, children and adolescents	IFR provides mental health, HIV related, family preservation and mentoring services to a predominately Chicano/Latino population. The outpatient clinic provides a continuum of mental health services, including advocacy, early intervention, case management and direct clinical services to children, youth, adults and their families. Services also in Spanish.
	Japanese Community Youth Council Youth	(415) 563-8052		Adolescents	Asian-focus outreach, education,

	Prevention Service				prevention, and counseling services for youth and families.
	Jewish Family Children's Services	(415) 359-2454		Young adults, children and adolescents	Individual and group counseling, nationally known model for resettlement of people from the former Soviet Union, one of the first parent resource centers in the country (Parents Place), one of the first open adoption programs in the US (Adoption Connection) and the Early Childhood Mental Health Services Project, in collaboration with CBHS and day care consultants
	McAuley Adolescent Day Treatment Program	(415) 750-5580		adolescents	Intensive, comprehensive day treatment program providing psychological and educational services to San Francisco residents between the ages of 12-18.
	Mission Family Center	(415) 695-6955		Children and adolescents	Outpatient mental health clinic serving children, adolescents and families of the Mission, Potrero

					Hill and Castro-Noe Valley neighborhoods and the citywide Latino population. Staff are bicultural/bilingual. Modalities include individual, group and family work, with a focus on family-centered treatment whenever possible.
	NAMI San Francisco	415-905-6264 Contact person- Gifford Boyce-Smith	www.namif.org	Adults and their families	Support and referral services for people with mental illness. Programs- Family to Family
	Native American Health Center	(415) 621-4371	www.nativehealth.org/	Adults, children and adolescents (Native American community)	Family and child guidance program services include individual, family and group therapy, youth services and domestic violence and prevention groups, substance abuse counseling, psychological testing and community groups.
	New Leaf EPSDT	(415) 626-7000		Adults and adolescents (LGBT community)	Mental health services focusing on the gay, lesbian, bisexual and transgender communities. Mental health services include individual, group, and couples treatment. Services are provided for the severely mentally ill,

					including group and individual treatment. Services are available for youth. There is a HIV Mental Health component. Medication/psychiatry services are available.
	Potrero Hill Neighborhood House Inc. (ZAP Project)	(415) 826-8080		Adults and adolescents	Intensive outpatient counseling provider for youth, young adults and families. Anger management, domestic violence and violence prevention services are also provided.
	SAGE Project, Inc. (Standing Against Global Exploitation)	(415) 905-5050		Adults, children and adolescents	SAGE is an internationally recognized human rights organization committed to improving the lives of women, girls, transgender individuals and men escaping or still involved in prostitution or other exploitative or violent situations. Trauma recovery services address homelessness, addiction, vocational and health impacts. Outpatient and intensive day treatment for survivors of prostitution, rape, abuse, trauma, and

					molestation.
	San Francisco General Hospital Child and Adolescent Services (SFGH CH&ADOL)	(415) 206-4444		Children and adolescents	Provide assessment, treatment, and consultation for children and adolescents (birth through age 18) and their families. Most CAS clients have experienced psychological trauma related to physical assault, sexual or emotional abuse, neglect, domestic violence, catastrophic injury, or debilitating chronic disease. Services also in Spanish.
	Seneca Center Community Treatment Facility (CTF)	(415) 206-4228	www.senecacenter.org	adolescents	Provides residential, school, and day treatment services to adolescents and their families in San Francisco. The program provides structure and treatment in a secure setting for up to 22 clients.
	South of Market Mental Health Services Integrated Service Center	(415) 836-1700		Adults	Provides an array of clinic-based mental health services, and as capacity permits and as needed, off-site services to San Francisco adult (18 to 59 years old) residents. Language resources include Cantonese and

					Spanish.
	Southeast Child & Family Therapy Center	(415) 330-5740		Children and adolescents	Provides individual, group and family therapy for ethnically and linguistically diverse children, adolescents and their families. There are preschool preparation and family support programs and a summer activities program.
	Southeast Mission Geriatric Services	(415) 337-2400		Older adults	Provides mental health services to clients, ages 60 and up, who are chronically or subacutely mentally ill and live in the Southeastern district of the City, including the Outer Mission and Excelsior districts. Services include individual and group treatment, crisis intervention, assessment, medications, and case management, provided in client homes and in community settings. In addition to English, SEMG provides mental health services in Spanish, Cantonese, and Tagalog.
	Sunset Mental Health Services OP & Socialization	(415) 753-7400		Adults	Provides outpatient services designed to

	24th Ave. Location				maintain or restore personal independence to seriously mentally ill adults at two clinic locations. Provides Cantonese and Russian focus services, as well as services to all age groups and outreach to schools. Types of services are medication management, socialization, individual and group therapy, crisis services and case management.
	Tenderloin Outpatient Clinic	(415) 673-5700		Adults	Provides a full range of mental health treatment, intensive case management and outreach services to adult residents of the Tenderloin District. The clinic provides bilingual/bicultural mental health services for the Arab/Muslim community.
	Walden House Adolescent Program EPSDT Mental Health Program	(415) 554-1480		Adolescent boys	Provides mental health services to San Francisco boys eligible for Medi-Cal benefits. Therapists and psychiatrists work with boys, offering assessment, psychological testing, individual,

					group and family therapies, medication support, collateral contacts and case management.
	Walden House Mental Health Services	(415) 934-3402		Adults and adolescents	Programs include adult rehabilitative harm reduction day treatment, outpatient mental health services, mental health services for residential substance abuse treatment clients, psychiatric services for adults and adolescents, and adolescent mental health services.
	Walden House Transgender Recovery Project	415) 554-1472		Adults (transgender community)	provides a set of augmented services to clients who identify as transgender, transsexual, male to female, female to male, or gender queer. These services include two weekly support groups focusing on issues of addiction and recovery, prostitution, PTSD, trans-phobia, and HIV prevention, individual therapy with a trans-identified licensed therapist, and drug counseling with a trans-identified counselor. Clients also receive a wide

					variety of other services, including vocational and educational services.
	Westside Ajani	(415) 647-6255		Adults, children and adolescents (African-American community)	Provides family-focused, strengths-based Afro-centric treatment. The program offers family, group and individual therapy aimed at increasing the adaptive functioning of the entire family
	Westside Crisis and Outpatient Services / Westside Community Crisis Clinic	(415) 353-5050		Adults	<p>Westside Crisis Clinic is a voluntary drop-in crisis, urgent care service designed to stabilize low-income residents who are experiencing a mental health crisis. Clients receive mental health assessments and medication support services designed to safely and effectively address their needs while maintaining in the community.</p> <p>Westside Outpatient Clinic is a mental health outpatient clinic serving adult residents of San Francisco. Services provided by a multidisciplinary clinical staff include medication support, clinical</p>

					case management, supportive individual therapy, group therapy, referrals and advocacy.
	Westside Integrated CYF Services	(415) 431-8252		Adults, children and adolescents	Provide an array of services, including individual, group and family therapy; clinical case management; medication support services; substance abuse prevention, education and intervention; social skills training including anger management and skill building/psycho educational groups; vocational resource linkage; educational/literacy support; independent living skills support; and housing assistance.
SAN MATEO COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	Achievekids	650-494-1200	www.achievekids.org/	Children and adolescents	Provide support to parents and families through consultation, counseling, support groups, training and referrals. We focus on diagnoses that include autism, psychotic disorders, mental retardation, and behavioral, mood and attention deficit disorders. Services also in

					Spanish.
	Baden Therapeutic Day School	650-877- 8795	N/A	Adolescents	Provides integrated special education and mental health services for adolescents who are at risk of school failure due to social, emotional, and learning difficulties.
	Caminar	650-578- 8691	www.caminarinc.org	Adults	Caminar in San Mateo County works in partnership with the County of San Mateo County Mental Health Department to provide quality social rehabilitation services. Programs include Community Rehabilitation, a Medication Clinic, Residential Treatment and Vocational and Educational Services.
	Canyon Oaks Youth Center	650-839- 1810		adolescents	A residential treatment program (level 13/14) serving San Mateo County co-ed adolescents 12-17 years of age. The program includes multi disciplinary services such as psychiatric assessment, medication evaluation, special education services and academic support, individualized

					social skills development, family therapy, substance abuse services, art therapy, occupational therapy, collaborative case planning, and disposition planning.
	Carlmont Therapeutic Day School	650-369-1411		Adolescents	Provides integrated special education and mental health services for adolescents who are at risk of school failure due to social, emotional, and learning difficulties.
	Children's Health Council Services: Esther B. Clark School	(650) 688-3637	www.chconline.org/content/services_esther.html	Children and adolescents	The EBC School program is designed for children between the ages of 8 and 16, who have difficulty functioning at school due to behavior problems associated with severe emotional disabilities, many with accompanying specific learning disabilities, speech or language disorders or needs for occupational therapy.
	Children's Health Council	(650) 688-3625	www.chconline.org/	Children and adolescents	Provides interdisciplinary educational, assessment and treatment services and professional

					training.
	Cordilleras Mental Health Center	650-367-1890		Adults	<p>Cordilleras Mental Health Rehabilitation Center is a 68-bed facility, which primarily serves San Mateo County residents 18 and older with histories of mental illness and multiple episodes of acute psychiatric hospitalization. Cordilleras provides training in community living and social skills plus various therapy and activity groups. Peer counselors also lead groups and offer support. Individual and group therapy, family support, and medication are integrated into other treatment modalities.</p>
	Daly City Youth Health Center	(650) 985-7000	www.dalycityyouth.org	Young adults and adolescents	<p>Core services include (1)primary medical care (physical exams, immunizations, reproductive health care, pregnancy testing, HIV and STI testing/treatment/counseling, acute illness and injury care, vision and hearing screening);</p>

					<p>(2) individual, family and group counseling for concerns such as depression, suicidality, truancy, family issues, sexuality, substance abuse, eating disorders, and anger management; Parenting Your Teen and Teen Parent support groups; (3) Outreach, individual and classroom health education, mentoring, peer health education through Project PLAY (Peer Leadership Alternatives for Youth); (4) "Pathways for Success", a drop-out prevention program with vocational, leadership and academic skills building.</p>
	Edgewood Children's Center	(415) 681-3211	www.edgewoodcenter.org/	children	<p>Provides Community and Family Services, Intensive Treatment and Residential Care, Kinship Caregiver and Youth Support, and School-Based Programs. Services include wrap-around, aggression</p>

					replacement training, differential response program, residential treatment, day treatment, behavior coaching and school-based mental health services.
	Fred Finch Youth Center	(650) 286-2090	www.fredfinch.org/	Adults, children and adolescents	Provides a wide range of residential, mental health, special education and community-based services for severely emotionally disturbed children, adolescents and young adults, ranging from the ages of 4 through 24.
	Hilltop Therapeutic Day School	650-364-8186		adolescents	Provides integrated special education and mental health services for adolescents who are at risk of school failure due to social, emotional, and learning difficulties
	Jewish Family and Children's Services	(650) 688-3040	http://www.jfcs.org/default.asp	Adults, children and adolescents	Provides mental health services to individuals, couples, families, and older adults struggling with depression, anxiety, life crises, and transitions. Services include

					counseling, care management, volunteer assistance, holiday outreach, and disabilities awareness educational programs.
	Kurt and Barbara Gronowski Clinic	(650) 961-9300	www.mentalhealthclinic.org	Adults, children and adolescents	Provides individual, family and couples counseling. Other specialty programs include the child and family program, bipolar disorders clinic, assessment center, shyness and social anxiety program, and inner resources.
	Mateo Lodge, Inc.	(650) 363-8125		Adults	A nonprofit agency whose primary purpose is to provide permanent housing and community support services for young adults who suffer serious mental illness. Provides intensive case management, community crisis support services, and rehabilitation services.
	NAMI San Mateo County	650-638-0800 contact person- Carol Goshu	www.namisanmateo.org	Adults and their families	Support and referral services for people with mental illness. Programs- Family to Family, Peer to Peer and support groups

	North Peninsula Family Alternatives (NPFA)	(650) 877-8642	www.ymca.org/Peninsula/community.html	Adults, children and adolescents	Provides counseling services and educational programs to the residents of South San Francisco, San Bruno, Millbrae and Brisbane. Programs and services offered include Family Counseling, School-Based Group and Individual Counseling and Violence and Teen Pregnancy Prevention programs.
	Palos Verdes School-Based Program	650-737-8455		Children and adolescents	Provides collaborative education/mental health services to Special Education children in self-contained special day classes located on both integrated and non-integrated sites throughout San Mateo County.
	Serramonte Therapeutic Day School	650-994-4395		adolescents	Provides integrated special education and mental health services for adolescents who are at risk of school failure due to social, emotional, and learning difficulties.
	Seton Medical Center-Outpatient Mental Health	650-991-6470		Adults	Provides Assessment of current mental health issues and referral to appropriate level of care, a weekly

					support group for issues related to depression and anxiety, and a partial hospitalization program. It is an intensive psychotherapy program that treats adults who are experiencing acute psychological distress. Provides
	Skyview Therapeutic Day School	650-583-8928		adolescents	Provides integrated special education and mental health services for adolescents who are at risk of school failure due to social, emotional, and learning difficulties.
	Youth & Family Enrichment Services (YFES)	24-hour crisis line 650-579-0350 650-591-9623	www.yfes.org	Adults, children and adolescents	Provides children's services, including counseling, crisis hotline, crisis intervention team, differential response program, diversion, prenatal-to-three program, school-based program, and others. Provides services for adolescents, including alcohol/drug helpline, crisis line, counseling clinic, crisis intervention team, school-based program, transitional housing program and others.

					Provides services for adults, including alcohol/drug helpline, court-mandated education and counseling program, counseling clinic, healthy homes program, women's enrichment center and others.
SANTA CLARA COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	Alum Rock Counseling Center	(408) 294-0500	www.alumrockcc.org	Children and adolescents	Provides case management, counseling, prevention, education and early intervention services throughout East Santa Clara Valley including services designed for high-risk populations at K-12 school sites.
	Asian Americans for Community Involvement (AACI)	(408) 975-2730	www.aaci.org	Adults, children and adolescents (Asian community)	Services include refugee programs, outpatient mental health, domestic violence, child abuse prevention and treatment, senior services, adult and adolescent substance abuse treatment, youth employment and gang intervention. We also have a primary care health clinic and health education services,

					and center for survivor of torture.
	Bascom Mental Health Center	(408) 793-5870		Adults, children and adolescents	Bascom Mental Health Center is a Family & Children Outpatient Mental Health Clinic. Services provided include assessments, emergency evaluations, individual and family therapy, medication evaluations and medication support services. Services in Spanish Portuguese Vietnamese and Cambodian
	Billy DeFrank Lesbian & Gay Community Center	(408) 293-3040	www.defrank.org	Adults (LGBT community)	Provides both professional and peer lead counseling and support groups, social and recreational activities and events. We provide services to the entire community ranging from our youth programs to programs for the elderly.
	Catholic Charities	(408) 944-0282	www.ccsj.org	Adults, especially in the Asian community	Program categories include: mental health and substance abuse in a managed care division, elder care including nutrition, foster grandparent, kinship care support, mental health support

					<p>services for Vietnamese and Chinese elders; housing; immigration legal services, including family visas, political asylum, deportation defense, citizenship/naturalization; refugee sponsorship and resettlement; ESL, computer classes, vocational training and employment placement and retention services for newcomers.</p>
	Community Solutions	(408) 779-5773	www.communitysolutions.org	Adults, children and adolescents	<p>Provides a spectrum of residential and outpatient behavioral health services to children and adults including: after school programs, sexual assault, child abuse prevention programs, parenting services, supervised visitation, juvenile justice related programs, batterer intervention programs, DDP, ILP services for foster youth. Services also provided in Spanish.</p>
	Crestwood Center: San Jose	(408) 275-1010	www.crestwoodcentersanjose.com/mhrc.html	Adults	<p>A 174-bed, locked mental health rehabilitation center (MHRC)</p>

					licensed by the California Department of Mental Health. Services also provided in Spanish and Vietnamese.
	Downtown Mental Health Center	(408) 299-6175		Adults	The Downtown Mental Health Center has three full-time Service Teams operating daily, Monday through Friday, 8am to 5pm. The Teams provide a full array of mental health services, case management services, crisis intervention, and medication support services.
	East Valley Mental Health Center	(408) 926-7950		Adults,, children and adolescents (African-American, Filipino and Latino communities)	provides services to East San Jose and Milpitas from the site of the East Valley Health Center at McKee and Jackson. There are three services teams, each providing a full range of outpatient services: medication, case management, crisis intervention, and planned mental health rehabilitation and treatment. Services are targeted to three specific ethnic groups: African American, Filipino, and Latino. Services also in

					Tagalog Ilocano and Spanish Lozano Spanish
	Eastern European Service Agency	24-hour hotline 408-890- 8072; 408-297- 7348	eesasj.org	Adults, children and adolescents (Refugee community from Eastern Europe)	Serves refugees from Eastern Europe, mainly former Yugoslavia. Provides social adjustment and other services for youth, seniors, and families in linguistically and culturally appropriate manner. Services include 24-hour emergency support services such as translation and transportation; information and referral phone line; interpreters and translation of documents; comprehensive health and community referrals. Provides assistance in finding housing, and help in finding and securing gainful employment. Provides prenatal childbirth and postpartum care support; direct Mental Health services in four languages. ESL classes, citizenship classes, and self- help groups are

					available. Provides advocacy with in legal, educational, and social services systems.
	EMQ Children and Family Services	(408) 379-3790	www.emq.org	Children and adolescents	Services include outpatient counseling, in-home treatment, residential treatment, short-term intensive day treatment, school based day treatment crisis intervention, wrap-around services and chemical dependency programs.
	Fair Oaks Mental Health	(408) 555-5987		Adults, children and adolescents	The Family and Children's Division services offered at Fair Oaks may include: individual, group, collateral, family therapy and medication evaluation and support. Adult Service Team for seriously mentally ill adults which provides a full array of mental health services: case management, crisis intervention, and medication support to assist consumers to achieve stability and as high a level of functioning as possible. The Young Adult Transition Team is a specialty bridge

					team between the Family and Children's Division and the Adult Division.
	Gardner Family Care Corp. Centro De Bienestar	(408) 287-6200		Adults, children and adolescents (mainly Latino community)	Services including mental health services Intensive in-home mental health treatment services to youth involved with the Juvenile Justice System, school-linked mental health services for high risk youth, and outpatient mental health services for Asian Pacific and high risk youth.
	Gilroy Family Resource Center	(408) 846-5000	www.sccgov.org	Adults, children and adolescents	Offering on-site support groups and counseling for problems of family violence, drug/alcohol abuse, parenting effectiveness, appropriate discipline, caring for medically fragile children and other issues that can cause family dysfunction. Special culturally sensitive services are available for Chicano/Latina, African American and Asian Pacific families.

	<p>Indian Health Center of Santa Clara Valley</p>	<p>(408) 445-3400</p>	<p>www.indianhealthsanjose.org</p>	<p>Adults, children and adolescents (Native-American community)</p>	<p>Services include individual, group, family therapy, case management, psychiatric evaluations, psychosocial assessments and wellness education. A wide variety of individual and group activities are available for Native Americans and their families. These include multiple family supports, a women's group, self-help meetings, art therapy, acupuncture, and drug diversion.</p>
	<p>Jewish Family Services of Silicon Valley</p>	<p>(408) 556-0600</p>	<p>www.jfssv.org</p>	<p>Adults, children and adolescents</p>	<p>Offers Counseling and Parenting Services, Senior Services, Holocaust Survivor Services, Émigré Services, Project SAFE, Employment Services and Vocational Training for individuals and families from the Jewish community in the Silicon Valley.</p>

	Las Plumas Mental Health Center	(408) 272-6726		Adults, children and adolescents	Services include assessments, individual and family therapy, medication evaluations and medication support services, case management, and crisis intervention.
	Mekong Community Center	(408) 274-2453		Adults (Southeast Asian refugee/immigrants)	Mekong Community Center provides linguistically and culturally sensitive mental health services to enable mentally disabled South East Asian refugees/immigrants—particularly Vietnamese—
	Mental Health Clinic at Juvenile Hall	(408) 299-3166		Children and adolescents	Outpatient mental health services for children, adolescents and their families. Services include assessments, individual and family therapy, medication evaluations and medication support services, case management, and crisis intervention.

	Mental Health Clinic at Muriel Wright Center	(408) 227-8022		Children and adolescents	Outpatient mental health services for children, adolescents and their families. Services include assessments, individual and family therapy, medication evaluations and medication support services, case management, and crisis intervention.
	Mental Health Clinic at William James Ranch	(408) 201-7600		Children and adolescents	Outpatient mental health services for children, adolescents and their families. Services include assessments, individual and family therapy, medication evaluations and medication support services, case management, and crisis intervention.
	Mexican American Community	(408) 928-1122	www.macsa.org	Adults, children and	MACSA, serves youth, families and

	Services Agency			adolescents, especially the Latino community	seniors through community service centers, public charter schools, gang intervention/workforce re-investment centers a senior day health care facility and through the development of affordable housing. Services also in Spanish.
	Momentum for Mental Health	(408) 938-6789	www.momentumformentalhealth.org/	Adults, children and adolescents	Community-based resources include: vocational services, case management, family counseling, supported housing, residential treatment, and day programs. Specialized, culturally competent services are available.
	NAMI Santa Clara County	408-583-0001 contact person- John Mitchem	www.namisantaclara.org	Adults and their families	Support and referral services for people with mental illness. Programs- Family to Family, Peer to Peer and Provider Program
	Starlight Adolescent Center	(408) 284-9000	www.starsgroup.org	Adolescents	Inpatient and outpatient mental health services for adolescents who are seriously emotionally disturbed. Educational services as well as individual, group and family therapy are provided on-site.
	Ujima Adult &	(408) 928-	www.ujimaagency.org	Adults, children	Afro centric

	Family Services	1700		and adolescents (African-American community)	services targeting African American families and youth at risk. Providing 24 hour home based case management services for those youth who are involved in the juvenile justice system and African American Survival Skills Groups for youth and families. Adult Program: is a culturally proficient African American team providing home based case management and medication services targeting African American seriously mentally ill adults
	YWCA of Silicon Valley	(408) 295-4011	www.ywca-scv.org	Women, children and adolescents	Provides services to women, families, children and communities through the following programs: Rape Crisis Center, Counseling services, Childcare, and Parenting.
SANTA CRUZ COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	Child and Family Mental Health Services	(831)763-8400 (831) 454-4900	www.co.santa-cruz.ca.us	Children and adolescents	Mental health services and counseling for children, adolescents and families.
	Community Connection	(831) 425-8132		Adults	A full-day rehabilitation program for adults with psychiatric

					<p>disabilities; Participants join in such groups as group therapy, communication, exercise, art, cooking, gardening, symptom management, medication education, and drug/alcohol education.</p>
	Dominican Behavioral Health Unit	(831) 462-7719.	www.dominicanhospital.org/index.htm	Adults	Acute psychiatric hospital for Santa Cruz County residents who meet medical necessity criteria for acute voluntary treatment or meet Welfare and Institutions Code 5150 criteria for involuntary psychiatric care.
	Drake House	(831) 643-9069		Older adults	This primarily an older adult residential care facility with enhanced services for people with a combination of both mental health issues and/or complex medical problems.
	El Dorado Evening & Week-end Crisis Services Program	(831) 479-0193.		Adults	Provides urgent mental health services and intensive support services; provide individual and group counseling, education and training on various topics, including symptom

					management; Crisis services are available to individuals not requiring a higher level of care.
	El Dorado Center (EDC) Partial Hospital Program	(831) 479-7195		Adults	Offers an intensive structured mental health program providing treatment to individuals needing help with acute symptoms that could lead to hospitalization; offers an intensive structured mental health program providing treatment to individuals needing help with acute symptoms that could lead to hospitalization.
	Family Service Agency of the Central Coast	831-423-9444	www.fsa-cc.org/contact_us.html	Adults, children and adolescents	Offer a variety of clinical, crisis, educational, outreach and supportive services designed to maintain and strengthen family and community life. Our programs include: Counseling Services, Senior Outreach, Suicide Prevention, I-You Venture, Renaissance, First Step, PEAKS, and Continuing Education. Services also in Spanish.
	NAMI Santa Cruz County	831-685-0837	www.namiscc.org	Adults and families	Support and referral services for

		contact person- Carol Williamson			people with mental illness. Programs- Family to Family and CIT
	Santa Cruz Community Counseling Center	(831) 469-1700	http://www.sccc.org/	Adults, children and adolescents	Community support services, including dual diagnosis treatment, mental health counseling, emergency shelter and other services. Child and family development program, including parent education and father involvement, child abuse prevention and other services. Youth services, including general counseling and crisis services, foster youth services, school-based counseling, and other services.
	Willowbrook Residential Care Facilities	(831) 336-5196		Adults	Consists of a 34-bed adult residential care facility. There is an associated intensive day treatment center on the grounds.
SOLANO COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	Aldea Children and Family Services	Fairfield 707-425-9670;	www.aldeainc.org/Solano.htm	Adults, children and adolescents	Programs include Aldea Treatment Foster Care,

		Vallejo 707-557-4560			intensive treatment foster care for children ages 0-19; Aldea Counseling Services, an outpatient clinic; and Solano Parent Network, a parent-run self-help group for parents and caregivers of severely emotionally disturbed children.
	Catholic Social Service of Solano County Counseling Programs	707-556-9137	http://www.csssolano.org/familysassistance.html	Adults, children and adolescents	Counseling services, men's and women's anger management groups, and parenting skills groups
	Child Haven	(707) 425-5744	N/A	Children and adolescents	Children's counseling services and home visiting.
	Crestwood Manor: Vallejo	(707) 552-0215	www.crestwoodmanorvallejo.com/mhrc.html	Adults	A 37-bed skilled nursing facility provides care to chronic mentally ill residents, offering both enhanced and routing IMO services. We have an Asian-focused program available with bilingual staff. Placement requires authorization by CBHS Placement.
	Dixon Family Resource Center	(707) 678-0442		Adults, children and adolescents	Provide resource and referrals, basic need assistance, parenting support and education, domestic violence advocacy, counseling, etc

	Fairfield Family Resource Center	(707) 421-3224		Adults, children and adolescents	English as second language classes, basic need assistance, parenting education, clothes closet, free or low cost health insurance program, counseling, etc.
	Family Service of the Napa Valley	(707) 255-0966	www.familyservicenapa.org	Adults, children and adolescents	Provides low-cost to no-cost counseling services to seniors, adults, children, teens (individual, couples, whole family), housing programs, and animal assisted therapy.
	NAMI Solano County	707-422-7792 contact person- Pam Watson	Solano.nami.org/	Adults and families	Support and referral services for people with mental illness. Programs- Family to Family
	Napa Solano Head Start	(707) 252-8931		Adults (parents), children and adolescents	Provides parenting support services, counseling, child and teen group counseling.
	Rio Vista Family Resource Center, C.A.R.E.	(707) 374-5243		Adults, children, adolescents	Counseling (individual and family), referral and linkage to services, family support home visiting program, and basic needs assistance.
	Solano County Health & Social Services Department Mental Health Services	707-784-8320		Adults, children and adolescents	Services include: crisis and brief therapy, case management, psychiatric assessments and

					medication, outpatient treatment, day treatment, and a range of community support services, including a client-run Self-Help Center. Managed Care mental health services are available through the program.
	Vacaville Family Resource Center	(707) 469-6608		Adults, children, adolescents	Vacaville FRC provides resource and referral, basic needs assistance, parenting education, domestic violence support groups, counseling services, etc
	Youth and Family Services	707-554-2397		Children and adolescents	Provides parent support services, counseling services, drug and alcohol counseling. Works with children of incarcerated parents.
SONOMA COUNTY	AGENCY/ LOCATION	PHONE NUMBER	WEBSITE	POP. SERVED	SERVICES OFFERED
	California Specialty Hospital	(707) 649-4040		Adults	(707) 649-4040
	Care Children's Counseling Center/California Parenting Institute	(707) 575-9166		Children and adolescents	Programs include a unique therapeutic program for children and their non-offending parents who have experienced domestic violence and a psycho-educational

					<p>program to help families cope with separation and divorce. Group therapy is offered for such issues as anger management, abuse recovery and traumatic grief recovery for children of parents addicted to substances. Other programs include gang prevention and intervention for adolescents in high-risk neighborhoods and an innovative training program for families whose children have behavior problems in childcare settings.</p>
	<p>County of Sonoma Mental Health</p>	<p>24 Hour Services: (707) 565- 6911 Adult Services: (707) 565- 5157 Forensic & Special Programs: (707) 565- 5157 Youth & Family Services: (707) 565- 7863 Patients' Rights: (707) 565-</p>	<p>http://sonoma-county.org/health/mh/index.htm</p>	<p>Adults, children and adolescents</p>	<p>Provides specialty mental health services/counseling advocacy, and education.</p>

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	Jewish Family & Children's Services - Parents Place	(707) 571-2048	www.jfcs.org/default.asp	Adults (parents), children and adolescents	Provides counseling, professional consultation, classes, workshops, resource materials, and support for children, teens, parents, and childcare providers.
	NAMI Sonoma County	707-527-6655 contact person- Corinne Muelrath	www.namisonomacounty.org	Adults and families	Support and referral services for people with mental illness. Programs- Family to Family, Peer to Peer, In Our Own Voice and NAMI support groups
	Petaluma People Services Center	(707) 765-8488		Adults, children and adolescents	Provides adolescent counseling on school campuses, agency based adolescent counseling, marriage, family and child counseling, landlord tenant mediation and education, renters assistance, seniors case management, senior information and referral, senior day care, Alzheimers support group, Alzheimers respite, senior meals, employment services and transportation for the disabled.

	Social Advocates for Youth	(707) 544-3299		Children and adolescents	Offers a range of education, counseling, psychotherapy, family support, job training, mentoring and substance abuse prevention services for youth, parents and other family members residing in Sonoma County.
	St. Helena Hospital	(707) 649-4040	www.sthelenahospital.org/	Children and adolescents	Provides Child/Adolescent Mental Health Services, Mental Health Services: Inpatient, Mental Health Services: Transitions Partial Hospitalization Program, Tobacco-Dependence Treatment Program and an Outpatient Program.
	West County Community Services	(707) 887-2226		Adults, children and adolescents	Counseling and Prevention - Provides support and resources to youth and families. Assists in identifying and accessing resources. Counseling, youth prevention education and activities, family services and support and youth restorative justice. Senior Services - Assists seniors in living independent, productive and

					<p>meaningful lives. Case management, information and referral, family and caregiver support and education. Adult and Youth Employment - Individual case management for low income at-risk youth 14-21 including: goal setting, resumes development, life skills, and job shadow. Adult employment preparation for welfare –to-work participants. Emergency Services - Housing assistance, food pantry, voice mail message boxes, information and referral, natural disaster resources.</p>
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